

## Describe peer support

### Objective(s)

Learners define and describe peer support.

### Description

In this activity, learners watch video clips and review a handout with examples of peer support in order to describe these embedded interventions.

### Required Materials/Resources

#### Learner Materials

- [Video 1.10: Routine in a program – water play](#)
- [Video 1.11: Routine in a program – singing a song](#)
- [Video 1.12: Routine in a program – rolling with friends](#)
- [Video 1.13: Routine in the community – playing at a park](#)
- [Handout 1.2: Examples of Peer Support](#)

### Detailed Facilitator Instructions

1. Provide access to videos or transcripts. Videos or transcripts can be viewed as a class or independently outside of class.
2. Provide access to Handout 1.2: Examples of Peer Support.
3. Ask learners to complete the tasks below:
  - a. Describe peer support in your own words.
  - b. In addition to the examples you just viewed in the videos and handout, list three more examples of peer support.
4. Provide feedback.

### Suggested Assessment

Hints provided to learner:

1. Peer support is enlisting peers to help children reach goals and participate fully and meaningfully in the classroom, home, or community.
2. Examples
  - a. If a child has trouble initiating interactions with others - arrange for the child to attend more social functions to provide opportunities to engage. Coordinate a play group at home or on a playground. Attend a parent-child class in the community, such as a music class or little gymnastics class.
  - b. If a child is learning how to request food by signing during snack time - make sure that the child is sitting at the table with children who know the signs for snack items.

This activity is part of Module 1: Embedded Interventions. To view the content related to this activity, go to [Step 3: Evidence](#).

#### Instructional Method

Discovery & Brainstorming

#### Level

Intermediate

#### Estimated Time Needed

5 minutes for instructor preparation

25-35 minutes for learner activity

#### Learner Form

[Activity 1.4a](#)

- c. If a child does not know when and where to line up during the transition to the playground - pair the child with another child who knows the routine and follows directions. Ask children to find their partner and hold their partner's hand when lining up.

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### **Facilitation Tips**

- Activity can be completed in class or online through a discussion board.
- Learners can complete the activity individually, in pairs, or in small groups.
- Instructors or learners can use the Internet to search for examples of peer support online, then present to the class.
- Invite guest panel members to discuss the dilemmas from their perspective (via teleconference, on-site, or through an online discussion).
- Learners may interview a parent or parent(s) of a child who received Part C (Early Intervention) services to see what suggestions offered by the Early Intervention team were most helpful to the family.

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### **Alternate Version(s)** (refers to different level of difficulty)

- [Activity Guide 1.4b](#): Choose examples of peer support
- [Activity Guide 1.4c](#): Peer support problem solving
- [Activity Guide 1.4d](#): Identify examples of peer support

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### **Credits**

The CONNECT Content Team